IN EACH GRID, SHADE SOME OF THE CELLS.
NO NUMBER STAYS TWICE IN A ROW OR A COLUMN.
SHADED CELLS NEVER TOUCH BY A SIDE.
ALL THE OTHER CELLS STAY CONNECTED.

1	4	1	5	6	6	7
2	7	4	1	6	7	7
5	2	1	6	1	4	1
4	5	7	3	1	3	4
4	2	6	2	5	3	2
1	7	2	4	3	6	6
7	1	5	5	4	1	1

7	3	4	7	1	6	5
6	5	3	5	2	1	1
3	6	3	4	4	1	1
5	4	2	7	6	5	7
5	1	5	7	4	2	3
7	2	5	1	7	1	6
2	5	1	1	3	7	3

2	7	1	5	6	2	6
5	1	6	6	7	1	3
2	4	5	1	3	7	3
2	1	3	6	2	6	3
1	5	1	6	3	5	7
7	6	4	2	5	3	1
6	6	7	1	1	2	4

7	7	1	3	6	6	2
6	7	5	1	5	2	4
3	3	6	5	5	7	3
2	3	3	7	1	7	6
1	6	2	4	3	1	7
1	4	4	6	3	3	7
4	4	5	2	7	6	3