IN EACH GRID, SHADE SOME OF THE CELLS.
NO NUMBER STAYS TWICE IN A ROW OR A COLUMN.
SHADED CELLS NEVER TOUCH BY A SIDE.
ALL THE OTHER CELLS STAY CONNECTED.

3	2	3	4	3	1	7
3	5	4	6	1	6	3
7	1	3	6	4	7	3
7	4	6	5	1	3	7
4	3	5	5	3	2	6
4	6	4	3	1	5	7
1	3	7	2	6	4	5

1	1	3	2	6	6	1
3	5	7	4	2	1	6
5	4	1	7	4	3	1
1	4	5	7	1	4	7
1	3	6	5	6	7	4
2	3	3	6	5	6	1
4	2	7	1	7	5	4

2	3	4	6	3	5	7
5	2	4	4	3	6	6
4	6	3	7	5	4	2
3	4	1	5	6	2	4
5	5	6	5	4	1	1
6	4	5	7	3	3	1
5	4	2	4	7	4	1

7	1	3	4	6	6	3
5	5	1	6	2	3	7
4	6	4	6	7	5	3
4	7	4	1	3	2	5
7	3	5	2	3	7	3
1	5	2	4	6	4	3
7	2	2	5	4	2	6