IN EACH GRID, SHADE SOME OF THE CELLS.
NO NUMBER STAYS TWICE IN A ROW OR A COLUMN.
SHADED CELLS NEVER TOUCH BY A SIDE.
ALL THE OTHER CELLS STAY CONNECTED.

4	7	2	2	5	2	1
4	3	4	5	2	2	6
3	6	2	6	4	2	5
7	4	7	3	6	5	2
6	4	5	1	5	4	2
2	5	3	7	1	2	4
6	6	7	2	2	1	3

1	4	2	5	3	6	7
6	2	2	6	5	5	5
2	1	6	1	5	3	4
5	1	4	4	7	7	5
5	5	7	2	6	4	1
4	4	5	7	7	4	2
6	3	4	7	5	2	5

4	1	7	2	5	3	6
4	2	3	3	4	3	1
1	7	6	6	6	4	3
5	4	2	3	1	5	5
3	6	2	5	7	2	5
2	6	6	4	5	1	7
3	3	4	1	6	6	2

6	7	5	2	3	3	4
7	6	2	6	5	1	6
5	1	3	6	1	7	2
6	4	7	6	1	4	4
6	4	6	7	6	1	3
4	5	6	2	2	3	7
3	7	4	5	7	2	7