SHADE SOME OF THE CELLS.
NO NUMBER STAYS TWICE IN A ROW OR A COLUMN.
SHADED CELLS NEVER TOUCH BY A SIDE.
ALL THE OTHER CELLS STAY CONNECTED.

4	4	1	7	6	6	5
7	4	2	6	5	3	1
5	1	4	2	5	4	4
2	3	3	5	7	3	4
1	7	5	1	6	2	3
3	3	7	6	1	6	2
1	3	4	7	2	4	6